

Anpwazonnman ak Plon é Timoun Ou

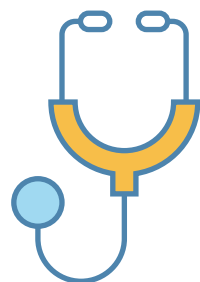
Anpwazonnman ak plon sé yon pwoblèm grav pou timoun - plis timoun nan piti, plis risk la ap monté.



7 Etap pou Pwotéjé Timoun ou Kont Anpwazonnman ak Plon:

1

Fè tésté timoun ou pou anpwazonnmanak plon, menm si li sanblé an santé.



2



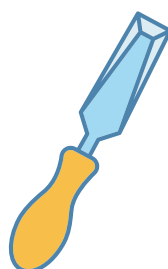
Nétwayé planché yo, ankadréman fénèt yo, rébò fénèt yo, ak lòt sifas yo chak sémèn. Itilizé yon mòp, yon éponj, oswa yon sèvyèt papyé ak dlo tyèd ak yon nétwayan jénéral

3

Asiré'w timoun ou an pa moulenanyen ki ka kouvri ak penti abaz plon.



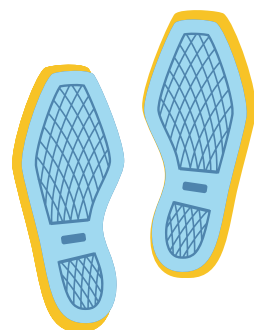
4



Pa éséyé rétiré penti abaz plon pou kont ou. Rélé yon antrépriz ki sètifyé nan pwotéksyon kont plon.

5

Pa pòté pousyè ki gen plon lakay ou akòz travay oswa lwazi'w.



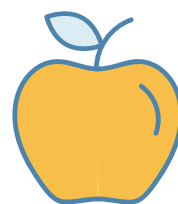
6



Floshé kanalizasyon kay ou anvan ou bwè dlo a. Fason pou floshé kanalizasyon kay ou enkli ouvri tiyo a, pran yon douch, fè lésiv oswa lavé asyèt yo.

7

Manjé yon réjim alimantè byen ékilibré ki gen anpil kalsyòm, fè, ak vitamin C. Pa séré manjé oswa likid nan vè kristal abaz plon oswa potri ki ansyen oswa enpòté pou trò long.



Indiana
Department
of
Health



Indiana Department of Health
Lead & Healthy Homes Division

in.gov/health/leadsafe

317-233-1296